



Eureka College 2019-2020 Catalog

Major in Kinesiology – Exercise Science

Complete 120 semester hours of graduation-eligible credit.

Kinesiology – Exercise Science Major		Gr	Cr
BIO163	Human Anatomy & Physiology I		4
BIO264	Human Anatomy & Physiology II		4
HED179	First Aid, CPR, and Injury Preven		1
HED284	Nutrition ^(Alt Yrs)		3
KIN180	Intro to Kinesiology		2
KIN255	Psych/Soc Aspects of PE & Sport		3
KIN265	Tests & Measures in Kinesiology		3
KIN380W	Biomechanics		3
KIN382	Exercise Physiology I		3
KIN386W	Exercise Physiology II		3
KIN388W	Body Composition Analysis		3
KIN391	Exercise Science Practicum		2
KIN495	Exercise Science Internship		2+
Choose one of the following:			
<ul style="list-style-type: none"> • CHM121 – Survey of Chemistry • CHM131 – General Chemistry I 			
			4
TOTAL			40

Complete one of the following options:		
<input type="radio"/> Completion of a second major:		
<input type="radio"/> Completion of a minor:		
<input type="radio"/> 12 Credits Outside of Major at 200+Level	Gr	Cr
TOTAL		

General Education Capabilities	Date Met
<i>Justice and Civic Responsibility [JCR]</i>	
<i>Aesthetic Sensibility [AS]</i>	
<i>Analytical Inquiry & Problem Solving [AIPS]</i>	
<i>Communication [CO]</i>	
<i>Health, Fitness, and Well-Being [HFWB]</i>	
<i>Intercultural Understanding [IU]</i>	
<i>Scientific Literacy [SL]</i>	
<i>Spiritual Engagement / Examined Life [SEEL]</i>	
<i>Sustainable Practices & Environmental Conscience [SP]</i>	
<i>Ethical Reasoning [ER]</i>	
ECC490 Ethical Reasoning Seminar	
TOTAL CAPABILITIES COMPLETED (Not Credits)	10

Writing Requirement	Gr	Cr
ENG103W Academic Writing & Research		3
ENG301W Adv. Academic Writing & Rsrch		3
KIN380W Biomechanics		-
KIN386W Exercise Physiology II		-
TOTAL		6