

Major in Kinesiology – Exercise Science

Complete 120 semester hours of graduation-eligible credit.

Minimum of 40 hours of major coursework.

Kinesiology	Gr	Cr	
BIO263	Human Anatomy & Physiology I		4
BIO264	64 Human Anatomy & Physiology II		
HED179	First Aid, CPR, and Injury Preven		1
HED284	Nutrition		3
KIN180	Intro to Kinesiology		2
KIN255	Psych/Soc Aspects of PE & Sport		3
KIN265	Tests & Measures in Kinesiology		3
KIN380W	Biomechanics		3
KIN382	Exercise Physiology I		3
KIN386W	Exercise Physiology II		3
KIN388W	Body Composition Analysis		3
KIN391	Exercise Science Practicum		2
KIN495	KIN495 Exercise Science Internship		
Choose on	e of the following:		
CHM121 – Survey of Chemistry			
• CHM1			
			4
TOTAL			

Complete one of the following options:		
Completion of a second major:		
Completion of a minor:		
12 Credits Outside of Major at 200+Level	Gr	Cr
TOTAL		

General Education Capabilities	Date Met
Justice and Civic Responsibility [JCR]	
Aesthetic Sensibility [AS]	ı
Analytical Inquiry & Problem Solving [AIPS]	ı
Communication [CO]	I
Health, Fitness, and Well-Being [HFWB]	I
Intercultural Understanding [IU]	I
Caiantifia Litannau [CL]	
Scientific Literacy [SL]	
Spiritual Engagement / Examined Life [SEEL]	
Sustainable Practices & Environmental Consc	ience [SP]
Ethical Reasoning [ER]	
ECC490W Ethical Reasoning Seminar	

Writing Requirement			Cr		
ENG103W	Academic Writing & Research				
ENG301W Adv. Academic Writing & Rsrch					
KIN380W	Biomechanics		-		
KIN386W	Exercise Physiology II		-		
ECC490W Ethical Reasoning Seminar		-			
TOTAL			6		

GRADUATION AUDIT



Name:	
Major 2:	
Anticinated Graduatio	

Date	Major 1 GPA	Major 2 GPA	Minor 1 GPA	Minor 2 GPA	Cumulative GPA	Total Credits	Remedial Credits	Graduation Credits

Please review this audit with your academic advisor. Remember, you are responsible for knowing your degree requirements and keeping track of your progress toward graduation. Your advisor will provide guidance and advice. *Always consult your Eureka College Catalog for information about graduation requirements.*

- All GPA's (Major, Minor, and Cumulative) must be 2.0 or above to graduate.
- At least 120 semester hours of credit must be earned to graduate with a BA/BS.

Explanation of Notations

A,B,C,D = requirement met by Eureka College credit

T = requirement met by transfer credit Pr = requirement met by proficiency

F1516 = letter indicates semester, numbers indicate academic year that course is

in progress or registered (F = fall, S= spring, SU = summer)

N/A = not applicable

IAI = requirement met through IAI (Illinois Articulation Initiative)